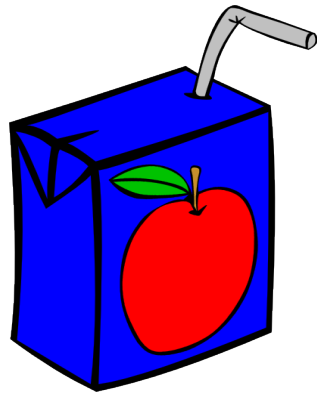


DIABETES

Symptoms: hunger, paleness, sweating, shakiness, drowsy/fatigue, dizziness, headache, irritability and feeling upset, crying, change in personality, loss of consciousness, confusion or strange behavior, rapid deep breathing, seizure, and/or rapid pulse. If you ask “how are you feeling” Their response will most likely be: “I am fine” and “No, I don’t need help”.

Action: when in doubt treat – when in doubt contact parent.



TREATMENT: sugar

Conscious student: Allow student to check blood sugar (BG over 100 good, 80-100 normal but may need to give 10 carbohydrates if they walk home from the bus, less than 80 treat).

Give SUGAR (15 carbohydrates) such as fruit juice (4-6 ounces) or soda pop (not diet) 6-8 ounces, candy (6-7 lifesavers or ½ candy bar), sugar (2 packets), or glucose tablets (3), KFC honey packet (2 packets).

(Standard Treatment: Test BG, give 15 carbohydrates, wait 15 minutes, test BG, repeat until blood sugar is above 80). Never leave student alone, call parent to pick up.

Unconscious student, losing consciousness or seizure: call dispatch, call 911, give glucagon if available and trained, and notify parents.

Most Elementary students have a glucagon injection at school in the medical file so if you are close to school drive back to the school. EMS will start an IV with glucose drip if necessary.