

## ALLERGIC REACTION

Symptoms: **hives, itching, facial swelling** (tongue, lips), dizziness, **flushed face**, confusion, weakness, paleness, blueness around mouth, eyes, difficulty breathing, drooling or difficulty swallowing, nausea, vomiting, loss of consciousness. (Student may complain their throat feels tight, scratchy, something is in their throat, or chest feels tight).



### ***ACTION***

***In severe cases the body will go into shock. This position directs blood to the vital organs and brain. Prepare for CPR if necessary.***

### **Mild symptoms:**

Do not leave student alone, ask student if they have an epi pen (symptoms may progress rapidly) call dispatch, notify parent to pick up student.

### **Severe symptoms (breathing is compromised):**

Administer epi pen, call dispatch, call 911 or drive to hospital and notify parents.

If no epi pen is available drive to hospital or call 911 and request they bring an epi pen. Have student lie down with feet up to help prevent fainting. Remain calm and encourage the student to breath slowly and deeply. Student will ALWAYS need to go to the hospital if an epi pen is administered. Prepare to administer CPR.